# Critical Thinking & Problem Solving



## Unlocking Ideas to Create Effective Solutions.

Moving your organisation or team forward into the future can be a daunting task. By taking a structured and planned approach you are more likely to achieve clarity and confidence with reaching your goals.

Critical thinking and problem solving are normally imperative abilities needed to solve complex issues that block the pathway forward. Understanding how these two skills are applied and the important ingredients to get to a positive solution.

Critical thinking combines right brain intuitive, creative and imaginative thought with left brain analytical thinking. Problem solving requires a practical methodology that helps you arrive at your best available options.

The '**Critical Thinking and Problem Solving'** workshop helps participants to understand the core competencies to effective critical thinking and the various problem solving methods.

Solving problems in the face of pressure, or even using short term thinking inhibits how we reach objectives and get the results we are after. This workshop explores the key components necessary to move things forward and the methods required to navigate to the desired results.

# **Designed for?**

- Anyone who needs to understand the methodology for critical thinking and problem solving for best practice.
- It is relevant for Employees, Supervisors, Managers, Team Leaders, or Senior Leaders who need to find ways through complex issues.
- > An ideal group size is 6 15 participants.

#### Key Learning Outcomes

- Understand the different problem solving methods and how to apply them.
- Identify risks and develop effective contingency.
- Understand the ways to tap into effective thinking practice.
- Identify the source of the issue by using the correct problem solving methodology.
- Remove fixed thinking by applying critical thinking frameworks.
- How to engage and gain contribution to solving problems with the right people.
- Understand the key methods to integrate the skills in daily practice.
- How to break moulds and remove entrenched thinking blockages.

## Live Face to Face, Virtual or Hybrid

Power Sessions Half-Day 1-I





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